

Bergen Family Center

helping local families since 1898

ANNUAL REPORT 2013

LETTER FROM THE CHAIRMAN GRAHAM JONES ON THE YEAR 2013

I am pleased to report on the many positive accomplishments achieved by the Bergen Family Center in 2013. To accomplish our work more effectively from a governance point of view, the Board revised its By-Laws to reduce the number of its business meetings to six per year. This revision places greater responsibility on standing committees. The results for this revision are impressive.

A key focus of the 2013-2015 Strategic Plan for Bergen Family Center is on improving our infrastructure by using as much volunteer help as possible for makeovers and beautification projects. We received such support from United Water, Mercedes Benz, PNC Bank, Ramapo College and Our Lady of Mt. Carmel Church. Also, local teens (whose parents often become involved) are actively helping.

Our Program Committee has performed the Annual Program review and shepherded our Project Self Sufficiency, which guides women ages 16 to 30 into non-traditional careers of STEM and building trades. This committee also reviewed all of our programs thoroughly, with particular emphasis regarding our after-school services.

The Fund Development Committee has created another fabulous and profitable annual dinner and identified several new donors while strengthening ties with existing donors. We congratulate all of the honorees and thank the many sponsors.

The Volunteer Committee continues to bring in corporate assistance.

The PR/Tech Committee used numerous volunteers and student interns to improve the look of the social media presence and promote BFC events more successfully. Press releases and video coverage spread the word of our achievements.

The Facility Committee monitored BFC's rental and major facility upgrades. At year end we learned good news from the County--a grant of funds to replace our roof. A donor provided a 30 extension Merlin Phone System, to upgrade our 16 year old phone system in Englewood. Installation will also be donated.

Board Development added new members both to the board and to the list of prospects for 2014's Board. Additional members were recruited to join several committees.

Finance oversaw the 2012 audit, monitored the budget and investments, and developed a revised investment policy. Fiscally, BFC is strong and well managed. The programs and services provided by BFC in furtherance of its Strategic Plan combine essential and defining characteristics such as a combination of outreach and care, cost efficiency with 92% of every dollar going to fund the programs, and an emphasis on education, empowerment, and prevention. The majority of our \$3.857M revenues to fund implementation of BFC's programs came from the following sources: federal grants \$200,000; state grants \$1,645,000, county grants \$675,000; and donations \$415,000. Program participants contributed \$740,000 in fees.

BFC conducts its operations with a full time staff of 52, a part time staff of 49 and a legion of committed volunteers. The group is ably led by Mitchell Schonfeld who serves as President/CEO. The Board of Trustees exercises appropriate oversight.

In this period of economic downturn, BFC continues to demonstrate an ability to meet its challenges and to fulfill its essential mission. I encourage each of you to join us and become involved in this wonderful organization.

BERGEN FAMILY CENTER OFFICERS & TRUSTEES (As of July 1, 2014)

Graham O. Jones, Esq.
Chairperson
Sharon Kinsman Salmon
Vice Chairsperson
Courtney Levi
Secretary
Bill Sheridan
Treasurer

Anita Buchakjian
C. Peter Croonquist
Phyllis Grossman
Martin Huguley
Joan Van Alstyne Johnson
Irina Kashan
Marcia Levy
George Milne
Sue Proietti

Scott Reddin
Dana Romita
Ina Miller Silverstein
Jayanne Tedesco
Jody Walker
Emmeline Wexer
Stewart Winner
Walter Young

THE BERGEN FAMILY CENTER MISSION: WHAT WE DO

MISSION

The Bergen Family Center supports, strengthens and enriches family life through innovative programs and quality services. Since our 1898 beginning, Bergen Family Center has responded to community need and offered programs that build self-reliance. Today, our approach is the same and we have 115 years of experience helping people. Bergen Family Center provides clients with the best practices that are evidenced-based approaches to meet their needs and achieve their goals. Join us at the Bergen Family Center, where lives are enriched.

2013 HIGHLIGHTS

Corporate sponsors and local community members donated time and talent to enrich us with new programs, beautification projects and activities with children, families and seniors.

Corporate Volunteers:

Mercedes Benz North America, United Water, PNC Bank, Unilever

Community Volunteers:

Alpha Phi Omega, Delta Kappa Inc., Dwight Englewood School, Holy Angels Academy, JCC on the Palisades, National Council of Jewish Women, One River Gallery, Our Lady of Mount Carmel, Pâtisserie Florentine, Temple Beth El, Temple Emanuel, Temple Sinai, Tenafly High School, The Elisabeth Morrow School.

These benefactors helped with projects, activites and events including:

Multi-phase facility improvement projects, Opening and staffing of the Clothing Closet, Opening of the Children's Library, Construction projects, Reading to children and seniors.

Events:

Introduction of pilot program mentoring moms and dads, First family fun fit community day, Computer classes, Pre-school graduation





OUR STAFF

Mitchell Schonfeld, MSW, President/CEO Liz Corzini, MA, Director, The Zone John Cuttito, LCSW, Director, Counsleing Services Marcia Gongora, MA, Director, Family Success Center Shelia Shur, LCSW, Supervisor, Older Adult Programs Mary Stevens, BA, Accountant Davia Valenzuela, Supervisor, Adult Daycare Lystra WIlliams, MA, Director Children's Services

THE BERGEN FAMILY CENTER: WHAT WE DO

PROGRAMS

According to the High Scope study¹, students that attended a quality preschool improved kindergarten readiness at age 5 from 28% to 67%. At the Bergen Family Center's accredited Leonard Johnson Day Nursery, 95% of participants are ready for kindergarten.

Leonard Johnson Day Nursery

Bergen Family Center's Leonard Johnson Day Nursery is an accredited program for children 4 months to 5 years. The family style learning is nurturing, while incorporating cutting edge, evidenced-based educational pedagogies. 2013 saw the final phase of the oversight by our master teacher from the Bergen County Special Services Schools donated by the Henry & Marilyn Taub Foundation. Our highly prepared teachers have led the transition to a new curriculum model, Creative Curriculum.

Both Bergen Family Center students and community members benefit from our after school and summer programs which provide safe, exciting activities while developing intellectual curiosity. The summer program provides weekly class trips, gardening and sports, while the after school program balances physical activity with curriculum enrichment and homework help.

Programs for older children: The ZONE and Middle School After School Program

The Bergen Family center is pleased to provide a unique after school program for middle school students. Many forget that this vulnerable group can be helped with programs that provide mentoring, homework support and career advice.

The ZONE at Dwight Morrow and the Academies is a specialized in school program based on counseling but providing much more. The Zone is a safe space where students drop in during the day and discuss problems, receive mentoring and career advice, life coaching and participate in fun activities like board games. The ZONE is proud to sponsor the Green Dot Program, which teaches students how to deal effectively with violence.

¹ siteresources.worldbank.org/INTECD/Resources/Part 2-Chapter 1-Schweinhart.pdf







THE BERGEN FAMILY CENTER: WHAT WE DO

A British study of 6,500 older adults finds that social isolation, even more than loneliness, may increase an older person's risk of early death. All senior programs offered by the Bergen Family Center provide relief from isolation¹

Adult Day Care Center/Shining Lights and Care Management for Homebound Elderly

Our seniors receive care in their homes and at our Center to protect their health and safety and keep them socially engaged to avoid a nursing home admission. The Bergen Family Center has senior daycare for frail seniors, senior daycare for sight impaired seniors and care management for home bound elderly. Our daycare for sight limited seniors is the only one in Northern New Jersey. developmentally Seniors enjoy appropriate both for physical and activities mental development. Gentle yoga classes are combined with art and cognitive activities which are fun for all. Our senior program stands out for its trips to cultural events (e.g. the Nutcracker), shopping and restaurants. Seniors are served hot meals which meet or exceed government nutritional standards. Sadly, sometimes this is their only hot meal of the day.

Senior homebound care begins with evaluation by a social worker who develops a home care plan.

Community programs and caregiver support group are opportunities to combine Bergen Family Center resources with neighboring senior care programs and include events with the Southeast Senior Center for Independent Living (SESCIL) and COPE: Caregiver Support Group with First Presbyterian Church of Englewood.

85% of our older adults avoid nursing home admision by receiving care in their homes and at our Center. This protects their health and safety, and keeps them socially engaged.







 $^{^{1} \} http://blog.aarp.org/2013/03/27/risk-factors-of-elderly-isolation-social-isolation-may-speed-up-death/$

THE BERGEN FAMILY CENTER: WHAT WE DO

90% of our parents report an increase of valuable parenting skills.

Family Success Center:

The Family Success Center provides assistance to communities by strengthening families. The process is individualized, and clients are interviewed and invited to any of the programs that meet their needs. Ongoing programs include Mommy and Me, Mentoring Moms and Dads, Power Up, Computer classes, Employment Preparation and HIPPY (Home Instruction for Parents of Preschool Youngsters).

The Family Success Center is proud to be the only New Jersey host authorized to provide HIPPY. This evidenced-based program not only prepares children for Kindergarten, but studies show that the benefits reach into the high school years. Programs like this are made possible through individual contributors and long time supporters including the National Council of Jewish Women, Kaplen Foundation, Englewood Rotary, Community Chest of Englewood and Moness, Crespi, Hardt.

Counseling for Victims of Domestic Violence, Evaluations for Parent Custody and AIDS Outreach

We are committed to providing individual, group and family counseling to all members of our community through specialized services provided by our experienced staff of licensed mental health professionals.

The Bergen Family Center is relied on to provide custody evaluations and adolescent diagnostic services to the Family Court.

The Bergen Family Center provides essential counseling to victims of domestic violence and other crimes and have extended our services to include native language counseling in Spanish and Korean.

Finally our Ryan White HIV/AIDS services includes counseling, testing and community outreach in Bergen County.







HOW WE DO IT

The Bergen Family Center uses 92% of donations towards its vital programs, and only 8% for overhead.

The Board assures that the Bergen Family Center operates at optimum efficienty and governs fiduciary compliance. The Board ensures adequate revenue to carry out our mission.

Through its committee structure the Mission, Strategic Plan goals and objectives are actualized. Our committees, their chairs and highlights for 2013 were:

The Board Development Committee: Chairperson Sue Proietti

Focused on recruitment of committee volunteers and nomination of prospective trustees.

The Finance Committee: Treasurer Bill Sheridan

Monitored the annual audit and tax filings, developed new investment policy, and approved and monitored the annual budget.

The Fund Development Committee: Chairperson Jayanne Tedesco

Oversaw direct marketing, annual appeal and grant writing efforts.

Special thanks to Irina Kashan and Courtney Levi for Co-Chairing the Annual Awards Dinner, and helping to raise \$188,000, after expenses.

The Human Resources Committee: Chairperson Sharon Kinsman Salmon

Monitored HR needs, employee benefits and reviewed and updated Employee Handbook and Job Descriptions.

Special thanks to Jody Walker and Shel Grossman, who provided pro-bono assistance and training in employment law and HR best practices.

The Program Committee: Chairperson Ina Miller Silverstein

Reviewed agency programs for quality and conducted assessments to identify unmet needs.

Congradulations for receiving the Women United In Philanthropy Award to create Project Self Sufficiency, promoting careers in building trades and/or STEM for young women.

The PR & Technology Committee: Chairperson Dr. Shelly Wimpfheimer

Created on -line and print marketing tools and public relations initiatives. Improved social media presence.

Volunteer Committee: Chairperson Courtney Levi

Spearheaded Corporate/Volunteer Makeovers (Mercedes Benz, Mount Carmel Church, PNC Bank, United Water), Teen volunteers (School and religious community service projects). The Children's Clothing Closet (free new and gently used clothing for the children of BFC programs).









HOW WE DO IT FINANCIAL STATEMENT

STATEMENT OF REVENUE AND EXPENSES

January 2013--December 2013

REVENUE

| 1. Contract and Grants | \$1,698,601 |
|-------------------------|-------------|
| 2. Fees and Third Party | \$1,637,078 |
| 3. Contributions | \$165,301 |
| 4. Fund Raising | \$248,381 |
| 5. Other Income | \$39,865 |
| TOTAL REVENUE | \$3,789,226 |

AUDITED

2013 REVENUE



EXPENSES

| 1. Personnel Costs | \$2,727,200 |
|-------------------------|-------------|
| 2. Professional Fees | \$324,430 |
| 3. Occupancy | \$176,372 |
| 4. Materials & Supplies | \$237,697 |
| 5. Other Expenses | \$152,398 |

SUB-TOTAL OF

PROGRAM EXPENSES \$3,618,097

CHANGE IN OPERATIONS \$171,129

DEPRECIATION EXPENSE \$56,362

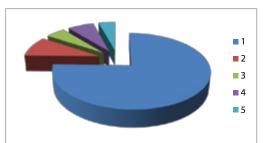
NET CHANGE IN VALUE

OF INVESTED FUNDS \$30,301

CHANGE IN

PROGRAM ASSETS \$145,068

2013 EXPENSE



Administrative Costs Including Fund Raising Are Only 8%

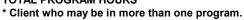
DISTRIBUTION OF UNDUPLICATED CLIENTS*

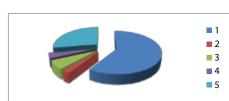
| 1 CHILDREN'S SERVICES | 919 |
|----------------------------|-------|
| 2 ADOLESCENTS | 967 |
| 3 ELDER CARE SERVICES | 284 |
| 4 CLINICAL SERVICES | 1,049 |
| 5 COMMUNITY SERVICES | 1,289 |
| TOTAL UNDUPLICATED CLIENTS | 4,508 |



DISTRIBUTION OF PROGRAM HOURS

| 1 | CHILDREN'S SERVICES | 338,250 |
|---|---------------------|---------|
| 2 | ADOLESCENTS | 13,050 |
| 3 | ELDER CARE SERVICES | 38,500 |
| 4 | CLINICAL SERVICES | 23,050 |
| 5 | COMMUNITY SERVICES | 157,700 |
| | TOTAL PROGRAM HOURS | 570,550 |
| | | |





DONORS

FAMILY CHAMPIONS Above \$25,000

Lillian P. Schenck Fund

FAMILY BENEFACTORS \$10,000 to \$24,999

Community Chest of Englewood

Kaplen Foundation Robert & Irina Kashan

National Council of Jewish Women,

Bergen County Section

PSEG

William and Clare Sheridan Southpole Foundation

TD Bank

Van Houten Memorial Fund (Wells

Fargo)

Verizon (HopeLine)

FAMILY PATRONS \$5,000 to \$9,999

Broadway Cares: Equity Fights AIDS

Graham & Gay Jones Walter and Peggy Jones Matt & Jennifer Kraft LaViano Jewelers

David and Courtney Levi Dr. & Mrs. Mauro Romita Saks Fifth Avenue – The Shops at Riverside Jayanne Tedesco Alex and April Uram

92 % of all donations go directly into programming.

Administrative costs are minimized through volunteers and committee members.

ANNUAL AWARDS DINNER is our major fundraiser. This year the dinner was on November 5, 2013 at the Rockleigh Country Club and honored long time supporters and volunteers of the Bergen Family Center:

Dana Romita & Sofia Cox, Helen and Adam Rapfogel, Melissa Romanovich, Darlene and Nellina Tomlinson, and Saks Fifth Avenue - The Shops at Riverside.

Special Thanks to:

Platinum Sponsors: North Jersey Media Group, PSEG, Bill & Clare Sheridan, Verizon Foundation

Gold Sponsor: Dr. Mauro & Mrs. Linda Romita,

Silver Sponsors: Graham & Gay Jones, The Kashan Family, Laviano Jewlers, The Levi Family, TD Bank, The Uram Family

Bronze Sponsor: Jebejian Family

Sofia Cox and Dana Romita



Photo courtesy of (201) Magazine

Nellina, Christopher and Darlene Tomlinson



Helen and Adam Rapfogel



Photo courtesy of (201) Magazine

DONORS

FAMILY ADVOCATES DONORS \$2,500 to \$4,999

Benzel Busch Motor Corp. Liz Corzini & Dr. Joshua Hyman Eastern Bergen County Board of Realtors **Englewood Rotary Club Edward Fein** First Presbyterian Church of Englewood Joe and Nita Gottesman Sandra Greenberg Patrick & Helen Herssens John Hughes Sarkis & Maral Jebejian Mr. & Mrs. Matt Kraft Jayne & Larry Lein Marcia Levy Susan March Mercedes Benz Financial Services Neal and Anna Merker Moness, Crespi, Hardt **Drew & Alexis Pizzurro** Carlo Romita (Castle Oil) Dana Romita



Jennifer & Greg Shaia

United Water

FAMILY HELPERS DONORS \$1,000 to \$2,499

Nadeem Abu-Rustum
Greg Amerkanian & Dr. Natalie
Capan
Robin Odabash Brown
Anita & Serge Buchakjian
D. Burnap
Chinook Foundation
Susan & Victor DelRio
Dawn & Armando Diaz
Elisabeth Frank
Ellen & Peter Gordon

Center Holy Name Medical Center

Hackensack University Medical

Holy Name Medical Center Hyman Family Foundation Joan Van Alstyne Johnson Peggy & Ed Kabakow Lenora Klein Marlise Konort

Barbara & Richard Kraft Natasha Leibel Levine Rosemary Mills & Jeffrey Russell

Rosemary Mills & Jeffrey Russ Elizabeth Miracky Christine & Tom Muir Frank & Sue Proietti Helen Rapfogel Courtney Rodman Karen Romaine Mitch Schonfeld Miyako Schwartz Ina & Michael Silverstein Kelly & Ray Spitzley Florence & Don Tweel Emmeline Wexer

Naida Wharton Foundation Shelly & Justin Wimpfheimer

FRIENDS OF THE FAMILY DONORS \$500 to \$999

Patricia Boig
Aaron & Kara Cooper
Barbara Couri
Debbie Couri-D'Amica
Michele Crupi
Rodney & Annette DeJarnett
Elisabeth Morrow School
Nicholas and Ann Erni
Ellen Feldman
Gloria Gallo

Jeffrey Grossman Paul and Robin Hollander Inserra Supermarkets, Inc.

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Inserra Supermarkets, Inc. Vipinder & Jasmine Jaswal Jennifer Kang

Michael & Ani Kasparian Mark and Phyllis Kesslen Koslow Scientific Co. Rana Leibowitz Mitchell Lynn Mutual Of America Ed & Gloria Nelson Oritani Savings Bank Lori Payraudeau

Patrick and Jill Perin Sheila Primas Kate Rodgers

Leonard & Louise Schwartz Richard & Joy Tripplet Segall

David Selznick Michael Shannon Shermit Corp. Dr. Stacie Silvers Gina Sogluizzo

Dr. David and Ivy Solowiejczyk

George Staphos

Temple Sinai Of Bergen County

Kathleen Treubig

Willis North America, Inc. Wiseheart Foundation, Inc.

DONORS CAN MAKE SPECIFIC BEQUESTS TO A PROGRAM, EVENT OR ACTIVITY SUCH AS A WEEK OF CLASSROOM ENRICHMENT FOR A PRESCHOOLER, ART SUPPLIES FOR AFTER-SCHOOL CHILDREN, HOT MEALS FOR A SENIOR, TUTORING FOR A TEEN OR HOME VISITS BY A HIPPY INSTRUCTOR

DONORS

UNDER \$500

Ace Avant Garde, LLC Gerette Allegra Ana Almanzar John Annone **Anonymous** Dr. Russell S. Asnes Jocelyne Auseill Phil and Irma Ball Bartolomeo Cucina Italiana Natalie Beaumont Martin and Phyllis Becker Benefit Foundations, LLC Mr. & Mrs. Olof Bergqvist Sofia Berggvist Lisa Bergqvist Beth Beyer Carole Blancato Richard Bloomenstein Nelida Bobe Alexander & Austin Borg Mr. & Mrs. Steven Braverman Irwin and Evelyn **Brownstein** Alan H Buchsbaum M Burgos **Center For Design Studies** Circle Auto Services Steven T. Cirillo, CPA, LLC Sheilagh Cirillo Julie Cohen Compeez Lisa Conklin Marie Cordner **Ronald Couri** C Peter Croonquist George Croonquist William Cunningham, Jr. **Andrian Curshen** Joseph D'Amico **Christy Danforth** Joseph DiLorenzo

Eastwick College

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Mr. & Mrs. Nazareth Festekjian Marc Forman William Fox French Color & Fragrance Co. Dr. Bruce Freund Ivan Friedrich, MD Rose Marie Gallo Thomas Gallo Juwen Kevin Gao **Kay Gellert** Mark Giamo Sandra Glickman Barry Goldman Russell Goodrich Phyllis Grossman Stephen Guerriero Mark Gurland Sharyn Gustave Hallak & Sons, Inc. Martin Halsey Charlotte Hansen Harvey Supplies H. Aaron Henschel John-Clade Hollow Dr. Adelle & Mr. Alex Holman Kim Holt-May Penni Horwich Martin Huguley Assemblywoman Valerie Huttle James Crimmins Landscaping Lamaar Jaswal Assemblyman Gordon Johnson Kate Johnson Jeannie Karlitz Marina Karounos Joseph Klyde Knead Body Work, Inc. DBA Massage Envy Spa

Martin and Ruth

Kornheiser

Lauren Koslow Herbert and Glaydys Laden Lebson Jewelers Carol Lerer Ann Levenstein Jody Wechter Levy Kate Liebhold **Gregory Liquori** Sara Lopatin LOREALTY LLC Jim Lostuto **Eleanor Lubin** Lukanik's Landscaping, Inc. Sheila Mack Joseph Malone Andrei Mark David and Judy Maron Steve Maroti Mr. & Mrs. Robert Mazziotta Laura McElduff William Merritt Jeanne Michaud George & Carolyn Milne Bea Movsesian National Sorority Of Phi Delta Kappa, Inc. Janardan Nukalapati James O'Connor **Ophir Gallery** M Orecchio Otterstedt Agency Palisade Jewelers, Inc. Joana Palogues **Payroll Unlimited** Debra Perskie-Schwartz Dr. Richard and Alice Pierson Anita Rapfogel Carol Rauscher Scott and Heddy Reddin Theresa Rivoir **Daniel Rocke**

Ryan Rodgers

Susan Rosenbaum Michael Rosenberg Richard L Salzer **Arny Scheer** Charlotte Bennett-Schoen Arnold & Ari Schreer Ari Schuer **Robert Schwartz** Steven Selvin Joan Shalhoub R Shlien Kenneth Simon Simply Seafood, LLC Ellen Skowronski Stuart and Barbara Soyster Stephen Spector Murray Stark Mary Stevens Pamela Sunshine The Beer Family Foundation **Darlene Tomlinson** J. Tracey Tucker Mildred K. Vichiconti Elena Volkova Heidi Von Glahn Orith Wadell Jody Walker Donald F. Warga Senator Loretta Weinberg Mea Weinberg Jill Welter **Gerald Whitman** Stewart & Shelly Winner Lisa L Wisotsky, M.D. Woman's Club Of **Englewood** Dr. John Wood Charles Wrubel Kimberly Zapiach

You can help...a little goes a long way

Donate Online

Make a difference close to home. Improve your community. 92% of every dollar goes directly to programming because administrative costs are kept to a minimum. To donate: Go to bergenfamilycenter.org and click on the Donate button

Planned Glving

Consider including BFC in your long term financial planning, Leave a legacy that helps future generations. Contact us to discuss a variety of financial instruments that can help you meet your charitable financial goals while helping those close to home.

Volunteer

When you share both time and resources you can create profound changes in the lives of our local Bergen Family Center clients. Join our "Friends of the Family" volunteers, by visiting our website and clicking "How You Can Help" or call Mitch Schonfeld at: 201-568-0817 x123.

SAVE THE DATE! 2014 ANNUAL DINNER AND SILENT AUCTION

Rockleigh Country Club 26 Paris Avenue Rockleigh, NJ 07647 November 11, 2014 6:00 PM Cocktails and Auction 7:45 PM Dinner Wish List **Auction and Awards**

SPONSORS (As of July 28, 2014)

Platinum: Neal and Anna Merker, North Jersey Media Group, PSE&G, Dr. & Mrs. Mauro Romita, William & Clare Sheridan, Verizon Foundation & Verizon Wireless Silver: Jones Family, Kashan Family, Levi

Family, Uram Family

Bronze: TD Bank, Monarch Realty

THIS YEARS HONOREES ANNA MERKER - COMMUNITY VOLUNTEER

CELEBRATING THE 20TH ANNIVERSARY OF HIPPY:

Home Instruction for Parents of Pre-school **Youngsters**

Founders: Nita Gottesman, Geri Kaufman, National Council of Jewish Women, Ben E. King



ergen Englewood, NJ 07631 44 Armory Street, 201-568-0817 10 Banta Place

www.bergenfamilycenter.org

